

Additional Reading

Chapter 1

David Benner, *The Gift of Being Yourself*
C. S. Lewis, *Mere Christianity, and, The Screwtape Letters*
Mike Mason, *The Mystery of Marriage*
Jen Pollock Michel, *Teach Us to Want*
Dallas Willard, *The Divine Conspiracy*

Chapter 2

Dr. Dan Allender, *The Healing Path* and *The Wounded Heart*
Marshall H. Klaus, John H. Kennell, Phyllis H. Klaus, *Bonding*
Dr. T. Berry Brazelton and Dr. Stanley Greenspan, *The Irreducible Needs of Children*
Dr. Henry Cloud and Dr. John Townsend, *How People Grow and Changes that Heal*

Chapter 3

Bréne Brown, *I Thought It Was Just Me (But It Isn't)*
Burden, Sunberg, Wright, *Reclaiming Eve*
Carolyn Custis James, *The Gospel of Ruth, and Malestrom*
Debra Hirsch, *Redeeming Sex*
Timothy and Kathy Keller, *The Meaning of Marriage*

Chapter 4

Dr. Dan Allender & Dr. Tremper Longman III, *The Cry of the Soul*
Harriet Goldhor Lerner, *The Dance of Anger*
Jen Pollock Michel, *Teach Us to Want*
Michelle Van Loon, *If Only*
Dr. Gary Chapman, *The Five Love Languages*
Sarah Sumner, *Angry Like Jesus*
Dr. John Townsend & Dr. Henry Cloud, *Boundaries in Marriage*

Chapter 5

Gordon T. Smith, *Called to Be Saints*
Sherry Turkle, *Alone Together*
The Harvard Negotiation Project, *Difficult Conversations*
Susan Cain, *Quiet! The Power of Introverts in a World that Can't Stop Talking*
Adam, McHugh, *The Listening Life*
Leanne Payne, *Listening Prayer*
Linda Dillow, *What's It Like to Be Married to Me?*

Chapter 6

Dr. Dan Allender & Dr. Tremper Longman III, *The Cry of the Soul*
John Bowlby, *The Making and Breaking of Affectional Bonds*
Andrew Comiskey, *Strength in Weakness and Pursuing Sexual Wholeness*
Seth Haines, *Coming Clean*
Brother Lawrence, *The Practice of the Presence of God*
Gerald May, *Out of the Shadows, and, Addiction and Grace*
Gary Thomas, *The Glorious Pursuit, and, Pure Pleasure*

Chapter 7

Leslie Leyland Fields, *Forgiving Our Mothers and Fathers*
Bishop Desmond Tutu, *No Future Without Forgiveness*
Dr. Paul & Dr. Virginia Friesen, *The Marriage App*

Chapter 8

Dr. Dan Allender & Dr. Tremper Longman III, *The Cry of the Soul*
Larry Crabb, *Shattered Dreams*
Sara Hagerty, *Every Bitter Thing Is Sweet*
Timothy Keller, *Walking with God through Pain and Suffering*
C. S. Lewis, *The Problem of Pain*
Jerry Sittster, *A Grace Disguised*
Joni Eareckson Tada, *A Place of Healing*
Michelle Van Loon, *If Only: Letting Go of Regret*
Nicholas Wolterstorff, *Lament for a Son*

Chapter 9

Margaret Feinberg, *Fight Back with Joy*
Jen Pollock Michel, *Teach Us to Want*
Bréne Brown, *I thought It Was Just Me (But It Isn't)*
Megan Hill, *Praying Together*
Amy Simpson, *Anxious: Choosing Faith in a World of Worry*

Chapter 10

Dietrich Bonhoeffer, *Life Together*
Jonathan Wilson-Hartgrove, *The Wisdom of Stability*
Christine Pohl, *Living into Community*

Chapter 11

Dr. Dan Allender, *The Healing Path, and, The Wounded Heart*
Mary DeMuth, *Not Marked*
C. S. Lewis, *Till We Have Faces*
Gary Thomas, *Sacred Marriage, and, A Lifelong Love*

